

Anderson Investment Group

Athlete Division

Congratulations! You have been picked!

Anderson Investment Group is a Company that loves sports. For this reason we have developed an athletic division to our company that support athletes thru individual training. Based upon your workout you might be asked to play on our Company's private team called "Showtime" travel team.

If you have received this correspondence then you have been chosen to attend Anderson Investment Group Springtime workout session! During this workout weekend Coach Curtis is gearing up to work on all player weakness, while developing a stronger mental aspects to your game. Every hour of the day is planned & designed to develop all aspects of your basketball skills. For instance, we might consider using racket ball to develop a faster change of direction, reaction speed, as well as hand & eye coordination. Workouts schedules are subject to change, & by design our workouts will change throughout training weekend. (How do you handle a change in plans on the fly?)

Day One

6:00pm - 10:00pm Meet & greet at Coach Curtis home

(This is where we access your whole situation & define what we need to work on most to develop you as a player.)



Day Two

7:00 - 8:00 Breakfast at slice19. **Reason:** To get nutrients in your body for energy.

8:00 - 8:30 Walk to gym. **Reason:** To start digestion of food.

9:00 - 9:10 Sauna. **Reason:** Warm muscles up & start a sweat.

10:00 - 11:00 Water work. **Reason:** Water is constant resistance, so by moving thru water It should make moving thru air much easier.

11:00 - 11:30 Break. **Reason:** Hydration



11:30 - 12:30 Develop your recruiting list **Reason:** To start the recruiting process now!



NCAA Eligibility

Are you a NCAA Qualifier?

The minimum GPA required to compete at the NCAA Division I level is a 2.3 GPA in approved core-courses and earn an SAT score of 900 or ACT sum score of 75 to be eligible. Keep in mind that if your core-course GPA is higher your SAT and ACT score can be lower, this is what the NCAA calls the sliding scale.

For athletes registering in college before August 1, 2023, the Division II minimum core-course GPA requirement is a 2.00 with an SAT score of at least 850 or an ACT sum score of 68. Athlete's registering after August 1, 2023, must have a 2.22 core-course GPA with an SAT score of 740 or an ACT sum score of 61. Just like at the DI level, athletes can have a lower or higher GPA or SAT/ACT score as long as it matches the DII sliding scale.

List top 5 school of your choice

#1 School _____ What's required GPA ____ What's your GPA? ____

Have you filled out recruit questioner Yes / No

What is the name of the position coach? _____

What is the recruiting coordinator name? _____

How many recruits are they looking for at your position? _____

Have you scheduled a unofficial visit? Yes ? No

#2 School _____ What's required GPA ____ What's your GPA? ____

Have you filled out recruit questioner Yes / No

What is the name of the position coach? _____

What is the recruiting coordinator name? _____

How many recruits are they looking for at your position? _____

Have you scheduled a unofficial visit? Yes ? No

#3 School _____ What's required GPA ____ What's your GPA? ____

Have you filled out recruit questioner Yes / No

What is the name of the position coach? _____

What is the recruiting coordinator name? _____

How many recruits are they looking for at your position? _____

Have you scheduled a unofficial visit? Yes ? No

#4 School _____ What's required GPA ____ What's your GPA? ____

Have you filled out recruit questioner Yes / No

What is the name of the position coach? _____

What is the recruiting coordinator name? _____

How many recruits are they looking for at your position? _____

Have you scheduled a unofficial visit? Yes ? No

#5 School _____ What's required GPA ____ What's your GPA? ____

Have you filled out recruit questioner Yes / No

What is the name of the position coach? _____

What is the recruiting coordinator name? _____

How many recruits are they looking for at your position? _____

Have you scheduled a unofficial visit? Yes ? No

12:30 - 2:30 Lunch. **Reason:** To regain energy & strength

2:30 - 3:30 Footwork / yoga / Pilates. **Reason:** Strengthen Core & master playing basketball in a 3x3yards square radius.



3:30 - 4:30 Stretching. **Reason:** Prevent injuries & open up full range of your skill level.

4:30 - 5:00 Break. **Reason:** Rest & Hydrate



5:00 - 6:00 One on One Training / Shoot around. **Reason:** Fine tune & master your base move (Bread & butter) & we build off of your foundation move.



Enjoy the sunshine

6:00 - 10:00 War-time. Full speed (*This is where we ball & you apply the techniques you've developed*)



Day Three

7:00 - 8:00 Breakfast. **Reason:** *To get nutrients in your body for energy*

8:00 - 9:00 Roadwork. **Reason:** *To keep endurance & to maintain in 4th quarter*



Or

9:30 - 10:30 Shooting. **Reason:** *Perfect the shooting form & different shooting styles.*

10:30-12:30 Pool & fun. **Reason:** *Relax by the pool or shoot a game of pool in pool hall.*

1:00 - 2:30 Defense work. **Reason:** *Master different defensive techniques (MENTAL)*

3:30 - 5:00 Wartime **Reason:** *This is where we ball out & use techniques you learned.*

Travel Accommodations (Samples)

1. Depart - Fri, Mar 10

Burbank, CA (BUR) to Las Vegas, NV (LAS)

SAVE \$38 SC \$19 Wed, Mar 8	SAVE \$37 SC \$57 Thu, Mar 9	✈️ SAVE \$37 SC \$57 Fri, Mar 10	SAVE \$31 SC \$26 Sat, Mar 11	SEE MORE DATES
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	STANDARD PRICE	SAVER\$ CLUB ⓘ
DEPART 10:30 AM 1h 10m ARRIVE 11:40 AM BUR LAS FLIGHT DETAILS SEAT MAP	\$63 Only 1 seat left at this price	SC \$57 Only 1 seat left at this price Save \$6.00 with Spirit Saver\$ Club
DEPART 5:06 PM 1h 9m ARRIVE 6:15 PM BUR LAS FLIGHT DETAILS SEAT MAP	\$63	SC \$57 Save \$6.00 with Spirit Saver\$ Club

FlixBus

10:20 am — 6:30 hrs — 4:50 pm **\$24.99**

Hollywood / Highland (LA) Downtown Las Vegas (1st St)

Bus | Direct

Continue >

FlixBus

11:00 am — 5:20 hrs — 4:20 pm **\$24.99**

Downtown LA (N Vignes St) Las Vegas Strip (Las Vegas Blvd)

Bus | Direct

Continue >

FlixBus

11:00 am — 5:50 hrs — 4:50 pm **\$24.99**

Downtown LA (N Vignes St) Downtown Las Vegas (1st St)

Bus | Direct

Continue >

Anderson Investment Group can apply up to 40% discount on following Auto rates.



Economy

Mitsubishi Mirage or similar

Automatic 4 People 2 Bags

Features & Price Details

PAY LATER


\$70.50
Per Day

\$233.22
Total

Select

Hotel Accommodations

Room Options

 Signature Room Fri 10 \$115 Sat 11 \$115	<ul style="list-style-type: none">Free WiFi Exclusive Member Pricing	REFUNDABLE \$115 Avg. Nightly Rate BOOK NOW
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Westgate Las Vegas Resort & Casino
3000 Paradise Rd, Las Vegas, NV, Winchester, NV 89109
Do you have a doctor?

Doctors work closely with schools & professional sports. Your medical record shows if you're injured a lot. We must look at doctors as physical inspectors before giving his report of the student to the school. Look at this link & notice how many schools use this doctor. His report would mean a lot to the coaching staff about you & your health. <https://kerlanjobe.org/>

Division I Men's Basketball Recruiting Calendar

For the men's basketball recruiting evaluation periods, there are two different kinds of evaluation periods that take place. During the April evaluations, coaches can only evaluate recruits at NCAA-certified events. If you are on an AAU team or participating in a club basketball tournament at that time, chances are, it's an NCAA-certified event. You can always double check if the event is NCAA-certified before you attend.

During the remainder of the evaluation periods, all live evaluations must take place at a regularly scheduled high school, prep school or two-year college tournament, practice or game. Again, it's important to know when the evaluations can happen, but chances are, the coach will let you know when they plan to visit you during this time.

- August 1 – September 8, 2022: Quiet period (exception below)
 - August 6–15, 2022: Dead period
- **September 9 – November 6, 2022: Recruiting/contact period**
- November 7–10, 2022: Dead period
- November 11, 2022 – March 29, 2023: Recruiting/contact period (exception below)
 - December 24–26, 2022: Dead period
- March 30 – April 6 (noon), 2023: Dead period
- April 6 (noon) – 18, 2023: Recruiting/contact period (exceptions below)
 - April 10–13, 2023: Dead period
- April 20 – July 5, 2023: Quiet period (exceptions below)
 - April 21–23, 2023: Evaluation period (only for NCAA certified events)
 - **April 24–27, 2023: Recruiting period**
 - April 28–30, 2023: Evaluation period (only for NCAA certified events)
 - **May 1–4, 2023: Recruiting period**
 - May 18–26, 2023: Dead period
 - NBA Draft Combine (Dates TBD): Evaluation period (for combine only)
 - NBPA Top 100 Camp (Dates TBD): Evaluation period (for NBPA Top 100 Camp only)
- July 6–30, 2023: Dead period* (exceptions below)
 - July 6–9, 2023: Evaluation period (NCAA certified events, institutional camps and permissible governing body events only)
 - July 25–30, 2023: Evaluation period (NCAA College Basketball academy only)
- July 31, 2023: Quiet period

*A prospective student-athlete may not make an unofficial visit during the month of July unless he has signed a National Letter of Intent or the institution’s written offer of admission and/or financial aid, or the institution has received a financial deposit from the prospective student-athlete in response to an offer of admission.

Name _____

Position _____

Strengths _____

Weakness _____

Rate your game 1 to 10. ____

Last time you had a medical physical? _____

Any sickness? Yes / No If Yes, then what? _____

Cost (cost may vary)

\$633.00 Total - Deluxe package *includes 2 RT flights from LA to Las Vegas, 2 night Hotel stay, 2 day car rental, 2 breakfast & 2 lunch provided for athletes.*

290.00 Total - Basic Package *includes breakfast & lunch provided, 2 night hotel stay.*

\$100.00 Total - Economy Package *includes meals provided.*

Fee waivers: *We understand that due to our suffering economy we are facing some challenging times. With inflation running rapid we at Anderson Investment Group feel the crunch as well. So we have designed a fee wavier program. By submitting a fee wavier Anderson Investment Group upon review can wave all or partial fees for packages. We do not guarantee that your wavier will be granted, but we can say that your wavier request will be reviewed closely & given strong consideration for approval.*

Amenities:



